

RULING OUT MEDICAL CONCERNS (NURSING)

- _____ Bowel- rule out constipation, bowel impaction
- _____ Bladder- rule out UTI's, need to avoid
- _____ Lungs- rule out pneumonia/bronchitis
- _____ Skeletal/Muscular- chronic pain, inflammation, swelling, lumbar stenosis
- _____ Skin-rule out yeast infections, rashes, fungal infections, fingernails and toenails, vaginal and anal areas
- _____ Altered body temperature
- _____ Medication-toxicity/side effects – rule out toxicity with blood levels (Sinemet, Digoxin, Dilantin, Tegretol, Theophylline, etc.), over medication, medication interaction
- _____ Medication imbalances-hypo/hyperthyroidism, hypo-/hyperglycemia
- _____ Reoccurrence of past medical problems, coexisting illness, chronic illness (pain, angina, COPD, CHF, diabetes, CVA, arteriosclerosis)
- _____ Dehydration-symptoms: confusion, dizziness, rapid pulse, flushing, fever, malnourishment, GI distress
- _____ Fatigue
- _____ Depression (loss of appetite, withdrawal, flat affect)
- _____ Pain
- _____ Lab findings-below normal folate level, B12 level, sodium level, thyroid functioning, calcium level, glucose level, electrolytes, CBC (anemia)
- _____ Hunger
- _____ Headache

RULING OUT ENVIRONMENTAL CONCERNS (SOCIAL SERVICES)

- _____ Environment too large, too much stimulation (continual noise, such as; TV or radio)
- _____ Inadequate environmental cues, poor sensory environment (not enough lighting, room too hot or cold)
- _____ Not enough structure in daily routine, disruption in daily routine
- _____ Recent move, adjustment to new location, death of roommate, new roommate
- _____ Staff changes (change of shift, change in direct caregiver, prefers male or female caregiver)
- _____ Impaired vision and hearing
- _____ Physical Restraint
- _____ Other possible triggers: _____